

# MIND YOUR HEART – FOR A HEART HEALTHY EUROPE

4 – 8 NOVEMBER 2013 - EUROPEAN PARLIAMENT, BRUSSELS

The Cardiovascular Health Week is an initiative of the MEP Heart Group

Co-Chaired by Linda McAvan MEP & Antonyia Parvanova MEP

Under the auspices of the European Parliament

In collaboration with the World Health Organization

With the support of the European Heart Network and the European Society of Cardiology



Monday, 4 November

## 19.00 – 20.00 OPENING CEREMONY

Yehudi Menuhin Space – PHS 1<sup>st</sup> Floor (Zone C)

Keynote speeches by:

Linda McAvan MEP, MEP Heart Group Co-Chair

Tonio Borg, EU Commissioner for Health

Vytenis Andriukaitis, Minister of Health, Republic of Lithuania

Roberto Bertollini, Chief Scientist and WHO Representative to the EU

Antonyia Parvanova MEP, MEP Heart Group Co-Chair

The "Flanders Recorder Quartet" & Bart Jacobs will be performing at the event.

*The ceremony will be followed by a welcome cocktail & a concert.*

## SHOW YOUR ENGAGEMENT WITH A PICTURE



From Tuesday to Thursday  
10.00-18.30  
at the Forum Bar ASP 3<sup>rd</sup> floor

Tuesday, 5 November

## 12.30 INAUGURATION OF THE CPR TRAINING

Escalator Space – ASP 0 – Zone D – E

With Antigoni Papadopoulou MEP, MEP Heart Group Supporter & Ambassador European Restart a Heart Day

## 13.30 – 15.00 MEP HEART GROUP MEETING “MIND YOUR HEART: WHY CARDIOVASCULAR HEALTH MATTERS”

Room ASP A1G3

Chaired by Linda McAvan MEP, MEP Heart Group Co-Chair

*The meeting will be preceded by a sandwich lunch.*

## EAT HEART HEALTHY



From Monday to Friday  
in the European Parliament Restaurant

Wednesday, 6 November

## 12.00 – 14.00 MEP HEART GROUP MEETING “TOWARDS EQUALITY FOR EUROPEAN CARDIOVASCULAR PATIENTS”

Room A4F384

Welcome address by Marina Yannakoudakis MEP, MEP Heart Group Supporter

*The meeting will be preceded by a sandwich lunch.*



## LEARN RESUSCITATION TECHNIQUES

On Tuesday & Wednesday  
from 11.00 to 15.00  
Escalator Space – ASP 0 – Zone D – E

Thursday, 7 November

## 10.30 INAUGURATION OF THE CV SCREENING

Escalator Space – ASP 0 – Zone D – E

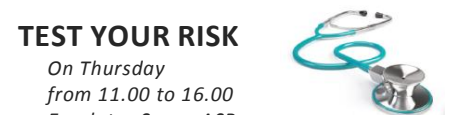
With Mairead McGuinness MEP, MEP Heart Group Supporter

## 11.00 – 13.00 MEP HEART GROUP MEETING “INVESTING IN HEALTH: BETTER & SAFER TREATMENTS FOR EUROPEAN CARDIOVASCULAR PATIENTS”

Room A3H1

Welcome address by Marian Harkin MEP, MEP Heart Group Supporter

*The meeting will be followed by a sandwich lunch.*



## TEST YOUR RISK

On Thursday  
from 11.00 to 16.00  
Escalator Space ASP  
0 Zone D - E

## EXERCISE FOR YOUR HEART



Free 2 day passes & ad hoc  
CardioFitness Classes on  
Tuesday, Wednesday & Thursday



SHARE ON TWITTER  
#CVHEALTHWEEK